

Here is a time guide for a week of learning

- English - 60 minutes per day
- Mathematics - 45 minutes per day
- Other KLAs (creative arts, HSIE, PDHPE and science/technology) - 30 to 60 minutes of activities across all areas per day
- Additional Activities- Other activities such as wellbeing, sport and physical activities

Below is a selection of activities you may use for Learning at Home.

*For online activities, it is advised to use Google Chrome to access sites.

For each day of home learning, select an English and Maths activity to upload to Seesaw or Google Classroom for the teacher to see.

English	Speaking and Listening	<ul style="list-style-type: none"> o Ring your grandparents, a friend or tell your parents about what you have been reading o Watch Kids News then discuss with a family member how this news is relevant to you o Listen to Fierce girls podcast then tell a family member all about a fierce girl o Listen to But Why: a podcast for curious kids then explain what you learnt to a family member
	Reading	Read at least 20 minutes every day: <ul style="list-style-type: none"> o Write a review of the book you read. o Think about how you could summarise the story. Create a comic strip retelling the story. o Read books in Reading Eggspress o Read books in Literacy Pro: Library o EPIC
	Writing	<ul style="list-style-type: none"> o Build on these simple sentences and add features of VCOP: <i>The dinosaur ate the egg.</i> <i>The car drove around the corner.</i> <i>The girl read a book.</i> o Write a 'wow' word for each letter of the alphabet. o Write a letter to a real or imaginary friend or grandparent. o Research a country that begins with the first letter of your name. Record the key information about that country.
	Handwriting and Digital Technologies	<ul style="list-style-type: none"> o Practise your horizontal joins o Write your favourite poem or 'The Triantiwontigongolope' with amazing horizontal joins. o Rewrite your letter using cursive. o Typing Tournament o 10 Fast Fingers
	Grammar, Punctuation, Vocabulary	<ul style="list-style-type: none"> o Count the number of commas on a page of a book. o What other punctuation has been used? Create a table to keep track. Note how each piece of punctuation has been used.
	Spelling	<ul style="list-style-type: none"> o Log on to Soundwaves and see what phoneme we are doing this week. Brainstorm words with the phoneme

		<ul style="list-style-type: none"> o Are there any other ways you can write the sound? o Ask your parents to give you a spelling test using the words above. o Soundwaves Online code: sail994
Mathematics	Number and Algebra	<ul style="list-style-type: none"> o Practice your multiplication and division facts for 3, 4, 6, 7, and 8 practice increasing your speed o Practice your times tables through picking out two cards and multiplying them together. o Investigate a recipe, you may even cook it. Rewrite the recipe for half the size and then double the size. How will you change the ingredients and cooking time? o Remove the Jokers, Kings and Queens from a deck, shuffle and make five-digit numbers (Ace=1, Jack=0), practice adding the numbers together. Time yourself and then check your additions with a calculator. o Write yourself some 2 digit and 3 digit subtraction. Complete them on paper and then check your answers with a calculator. o Pick out 5 cards from a deck. Write the value down in numbers and words. How many ways can you partition the numbers? o Maths Online
	Measurement, Geometry, Statistics and Probability	<ul style="list-style-type: none"> o Estimate the length of your lounge room, back yard or balcony. Write down your estimation. How can you check the accuracy of your estimation? Think about using string to find a metre and help you measure. o Use a ruler to draw, then cut out a range of regular and irregular polygons (triangles, squares, pentagons, hexagons). Create a tessellating pattern. What images can you make with the shapes? o Create a prediction of your results if you roll a die 15 times. Test by rolling. Try again with 20 or 30 rolls. Record what you notice. o Create an interesting map with unique landmarks. Draw a grid around it and use your words of position to ask someone to move from one landmark to another. Then use the grid coordinates to find items on your map. o Practice telling the time on an analogue clock/watch. o Maths Online
History	Community and Remembrance	<ul style="list-style-type: none"> o International Commemorations: - complete the PDF worksheet o Create a table listing all the celebrations and commemorations that you and your family take part in. In column one, list the name of the celebration or commemoration. In column two mention if it is a family, state, Australian or international celebration or commemoration. Column three should summarise what it is about. In column four write down how people observe the commemoration or celebration (for birthdays people often sing the birthday song, blow out candles, eat cake and exchange presents).
Science and Technology	Digital Technologies	<ul style="list-style-type: none"> o Coding (online) - choose between:

		<p>a) Scratch. In this lesson code using Scratch to learn about and explore Figurative Language. To join the 4L class, sign in to the CS First website: Click Sign in, then click <i>I am a student</i>. Select <i>Sign in with Google</i> then use your school email to login to your education account. Accept the invitation (click Join Class) when prompted after signing in.</p> <p>b) Code.org. Log into Code.org using this link and your picture password (same since Kindergarten). https://studio.code.org/sections/R SXJQS</p>
PDHPE	Personal Development	<ul style="list-style-type: none"> o Practice kindness. What can you do to make your family feel appreciated and loved? Do unexpected acts of kindness. Keep a journal of how they go, what evidence do you see of it making others feel good? How does it make you feel? o Write an appreciation letter to a loved one. o Smiling Mind o Wellbeing diaries https://learningcurve.com.au/login/ Username: Melrose Password: MPPS
	Health	<ul style="list-style-type: none"> o Help to choose a healthy lunch for yourself. Which items can you eat more or less of?
	Physical Education	<ul style="list-style-type: none"> o Achieve 150 minutes of physical activity per week. o Design a physical activity routine (eg: push ups, squats, lunges, short runs, jumps) o Train for long distance running to increase your fitness. Walking the distance is a great start. o Practise catching and throwing with a tennis ball o Practise sprint running o If you have 3 balls, teach yourself to juggle. Find some online tutorials and give it a go. Remember: it will be hard at first but persevere. Teach your parents or a sibling once you have mastered it.
Creative Arts	Drama	<ul style="list-style-type: none"> o Choose one of the online activities from Art Bites. o Mime out something you want, to someone else o Play a game of charades with your family
	Dance	<ul style="list-style-type: none"> o Put on some music and move in time. o Choose one of the online activities from Art Bites.
	Music	<ul style="list-style-type: none"> o Learn part of a new song. o Choose one of the online activities from Art Bites. o Learn about musical instruments at: https://www.youtube.com/watch?v=ncsolgEkD3Q
	Visual Arts	<ul style="list-style-type: none"> o Choose one of the online activities from Art Bites. o Draw a still life or portrait. You could use a photograph to help you get dimensions or you could abstract certain aspects of your subject.