


**Here is a time guide for a day of learning.**

- English- 60 minutes
- Mathematics- 30-45 minutes
- Other KLAs (creative arts, HSIE, PDHPE and science/technology)-30-60 minutes of activities across all
- Additional Activities- Other activities such as wellbeing, sport and physical activities

**Below is a selection of activities you may use for Learning at Home**

**\*For online activities, it is advised to use Google Chrome to access sites.**

For each day of home learning, select an English and Maths activity to upload to Seesaw or Google Classroom for the teacher to see.

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| <b>English</b> | <b>Speaking and Listening</b>           | <ul style="list-style-type: none"> <li>o <a href="#">Watch BTN</a> then tell your family members about the topic you found most interesting - think of the 'w' prompts - who, where, when, why?</li> <li>o <a href="#">Watch Kids News</a> then discuss with a family member how this news is relevant to you</li> <li>o Listen to <a href="#">Fierce girls podcast</a> then tell a family member all about a fierce girl</li> <li>o Listen to <a href="#">But Why: a podcast for curious kids</a> then explain what you learnt to a family member</li> </ul>   |
|                | <b>Reading</b>                          | <ul style="list-style-type: none"> <li>o Read 20 minutes every day</li> <li>o <a href="#">Reading Eggspress</a> - complete the assigned task or spend 20 minutes completing activities</li> <li>o <a href="#">Literacy Pro</a> - complete the assigned task or spend 20 minutes reading from the library</li> <li>o Read the newspaper (if you have access to it) - what articles do you find most interesting?</li> </ul>  |
|                | <b>Writing</b>                          | <ul style="list-style-type: none"> <li>o Write a letter to a friend (real or imagined) who lives overseas, explaining what your life is currently like for you</li> <li>o Write 10 sentences including compound, complex and simple sentences; variety of sentence types - questions, statements and commands.</li> <li>o After <a href="#">watching Kids News</a>, write bullet points of the main aspects of the topic. Use these bullet points to write a summary of the topic in your own words.</li> <li>o After listening to <a href="#">Fierce girls podcast</a>, write a brief biography of your favourite 'fierce girl'.</li> <li>o After listening to <a href="#">But Why: a podcast for curious kids</a>, write an explanation on why something is the way it is!</li> </ul> |
|                | <b>Grammar, Punctuation, Vocabulary</b> | <ul style="list-style-type: none"> <li>o Brainstorm 10 high-level vocabulary words</li> <li>o Recreate the punctuation pyramid by adding the punctuation markers</li> <li>o List 10 connectives</li> <li>o Create 5 different openers</li> </ul> <div style="text-align: right; margin-top: 10px;">  </div>  |

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|                               |                                   | <ul style="list-style-type: none"> <li>o Uplevel your writing from the activities completed above, using each of the VCOP features: <ul style="list-style-type: none"> <li>o High-level vocabulary</li> <li>o Include a connective</li> <li>o Use a variety of openers eg: start with an 'ly' word</li> <li>o Add level 5 punctuation eg: semi-colons, ellipses</li> </ul> </li> </ul>   |
|                               | <b>Spelling</b>                   | <ul style="list-style-type: none"> <li>o <a href="#">Soundwaves online activities</a> Password: swing490</li> <li>o Word usage activity: write sentences for their, they're and there to show the correct meaning of each</li> <li>o Word usage activity: write sentences for your and you're to show the correct meaning of each</li> <li>o Choose ten tricky words to spell from what you've been reading. <ul style="list-style-type: none"> <li>o Look Say Cover Write Check</li> <li>o Put these words in alphabetical order</li> <li>o Create a crossword or find-a-word</li> </ul> </li> </ul>  |
| <b>Mathematics</b>            | <b>Number</b>                     | <ul style="list-style-type: none"> <li>o Practice your multiplication tables and division facts daily for speed - download from <a href="#">here</a> or draw up your own grid</li> <li>o <a href="#">Maths Online</a> - Set tasks</li> <li>o Multiplication challenge: Using a pair of dice or a deck of cards (taking out King, Queen, Jack, Ace and Joker cards), roll the dice (alternatively, roll one die twice) or pick out two cards and multiply the two numbers. <b>Ext:</b> Try it with three numbers!</li> <li>o Make a series of number patterns: starting at 0, 1, 2, 3, 4 and 5, write a series of twenty numbers with the following pattern: <ol style="list-style-type: none"> <li>(1) Increase by 7 (e.g. ... 21, 28, 35, ...)</li> <li>(2) Increase by 11 (e.g. ... 45, 56, 67, ...)</li> <li>(3) Doubles</li> </ol> </li> </ul> |
|                               | <b>Measurement &amp; Geometry</b> | <ul style="list-style-type: none"> <li>o <a href="#">Maths Online</a> - Set tasks</li> <li>o Time activity: You had lunch at 12:15pm and dinner at 6:30pm. How much time has elapsed between the two meals? Can you convert the times to 24 hour time? EXT: How many <b>seconds</b> is this? (Before calculating, write down a rough estimate first, then work out the answer, checking to see how close you were. Were you off by less than 100?)</li> <li>o Create four time problems that involve 24 hour and am and pm times for a parent or carer to solve. <b>DAILY</b></li> <li>o Calculate: plan a day trip involving at least two stops. Create your own timetable for the day. Calculate the time to travel from each stop to the next. Convert timetable times from 24-hour to 12-hour time.</li> </ul>                                 |
| <b>History</b>                | <b>Australian Colonies</b>        | <ul style="list-style-type: none"> <li>• Read pages 2-5 of <a href="#">e-book e-book pdf</a></li> <li>• Complete question page</li> <li>• Watch <a href="#">video</a></li> </ul>   |
| <b>Science and Technology</b> | <b>Digital Technologies</b>       | <ul style="list-style-type: none"> <li>o <a href="#">Typing Tournament</a></li> <li>o <a href="#">10 Fast Fingers</a></li> <li>o <b>Offline activities:</b></li> </ul> <p>Download this <a href="#">CS First booklet</a> and try some of the activities.</p>   |

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|                      |                             | <p><b>OR:</b> Using pen and paper, create a mind map or Infographic that describes the different sorts of digital technologies you use (or see) at home, school and when you are out and about.</p> <ul style="list-style-type: none"> <li>o <b>Coding (online) - choose between:</b> <ul style="list-style-type: none"> <li>a) <b>Scratch.</b> In this lesson code using Scratch to complete an assigned activity.<br/> <b>To join the 6M class,</b> sign in to the CS First website:<br/> <a href="https://csfirst.withgoogle.com/s/en/home">https://csfirst.withgoogle.com/s/en/home</a><br/> Click Sign in, then click <i>I am a student</i>. Select <i>Sign in with Google</i> then use your school email to login to your education account. Accept the invitation (click Join Class) when prompted after signing in.</li> <li>b) <b>Code.org.</b> Log into code.org using this link and your picture password (same since kindergarten).<br/> <a href="https://studio.code.org/sections/NPGXPR">https://studio.code.org/sections/NPGXPR</a></li> </ul> </li> </ul> |
| <b>PDHPE</b>         | <b>Personal Development</b> | <ul style="list-style-type: none"> <li>o Wellbeing diaries <a href="https://learningcurve.com.au/login/">https://learningcurve.com.au/login/</a><br/> Username: Melrose Password: MPPS</li> <li>o Practice kindness. What can you do to make your family feel appreciated and loved? Do unexpected acts of kindness. Keep a journal of how they go, what evidence do you see of it making others feel good? How does it make you feel?</li> <li>o <a href="#">Smiling Mind</a></li> </ul>   |
|                      | <b>Health</b>               | <ul style="list-style-type: none"> <li>o Design a balanced, healthy meal</li> <li>o Keep a diary of your daily food intake</li> <li>o Practice your mindfulness breathing</li> </ul>  |
|                      | <b>Physical Education</b>   | <ul style="list-style-type: none"> <li>o 150 minutes of Physical Activity per week</li> <li>o Design a physical activity routine (eg: push ups, squats, lunges, short runs, jumps). Keep record of how many of each you can do in a set time. Can you increase your time or number of activities?</li> <li>o Practice throwing and catching with a partner or against a wall. Start with using both hands and work up to one hand. Make sure you alternate. Focus on accuracy, not speed</li> </ul>   |
| <b>Creative Arts</b> | <b>Drama</b>                | <ul style="list-style-type: none"> <li>o Choose one of the <a href="#">online activities from Art Bites.</a></li> <li>o Write a brief outline for a play, consider the two main characters, where it's set, etc. Video yourself acting a part of this play out and upload it to Seesaw</li> </ul>   |
|                      | <b>Dance</b>                | <ul style="list-style-type: none"> <li>o Choose one of the <a href="#">online activities from Art Bites.</a></li> <li>o Create a dance which could have a big following, eg gangnam style, nutbush, the floss</li> </ul>  |
|                      | <b>Music</b>                | <ul style="list-style-type: none"> <li>o Choose one of the <a href="#">online activities from Art Bites.</a></li> <li>o Listen to your favourite song. Think about the words in the song - what is the message?</li> <li>o Rewrite a nursery rhyme to change the lyrics to a topic of your choice</li> </ul>  |
|                      | <b>Visual Arts</b>          | <ul style="list-style-type: none"> <li>o Choose one of the <a href="#">online activities from Art Bites.</a></li> <li>o Create a tessellating pattern</li> </ul>  |

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|  |  | <ul style="list-style-type: none"><li>o Draw a still life or portrait. You could use a photograph to help you get dimensions or you could abstract certain aspects of your subject.</li></ul> |
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