

Melrose Park Public School

'Learning and Growing Together'

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Term 1 Week 6

5th March, 2019

Coming Events

Term 1 Week 6	
Friday 8/3	<ul style="list-style-type: none">PSSA Round 3
Term 1 Week 7	
Monday 11/3	<ul style="list-style-type: none">Parent Naplan Workshop 5.30pm
Monday 11/3	<ul style="list-style-type: none">Year 6 High School EOI
Wednesday 13/3	<ul style="list-style-type: none">PSSA Zone Swimming
Thursday 14/3	<ul style="list-style-type: none">School Photos
Thursday 14/3	<ul style="list-style-type: none">Selective School Test Year 6
Friday 15/3	<ul style="list-style-type: none">PSSA Round 4
Term 1 Week 8	
Monday 18/3	<ul style="list-style-type: none">Living Safely with Pets visit
Wednesday 20/3	<ul style="list-style-type: none">Saving Lil & Archie Performance
Wednesday 20/3	<ul style="list-style-type: none">Three way interviews
Thursday 21/3	<ul style="list-style-type: none">Three way interviews
Thursday 21/3	<ul style="list-style-type: none">Harmony Day

Principal's Report



Harmony Day Thursday 21 March

Harmony Day celebrates Australia's cultural diversity.

Harmony is about inclusiveness, respect and belonging for all Australians, regardless of cultural or linguistic background, united by a set of core Australian values.

Student Voice invites all students to wear orange for Harmony Day. On this day students will participate in activities around the school that highlight and promote celebrate our diversity.

Naplan information workshop

- Interested in finding out what NAPLAN is and what to expect?
- Students in Year 3 and Year 5 will sit Naplan assessments on 14 15 16 May
- Join us in a workshop to explore the assessment and have your questions answered

Where: Library

When: Monday 11 March at 5.30pm

Successful Students

Principal's Award			
5/6 M	Tariana	1/2S	Ruby
4/5E	Addison	1E	Sofia
4L	Sophie P	KP	Emily
3 R	Githanjali	KA	Alhan
2 O	Abi		

Clean Up Australia Schools Day 2019

Last Friday our K-2 students, as well as some 3-6 helpers, participated in Schools Clean Up Australia Day. We put on gloves and walked around the school to find bits of rubbish. Thanks to the group of passionate students who regularly pick up any astray rubbish, our grounds generally look clean. What we realised last Friday, was that there is some rubbish that blows between buildings and some very small pieces of rubbish that do not always get picked up.

Some interesting facts from our Rubbish Collection...

- The most interesting piece of rubbish found was found by 2O (half a tennis ball), although KA thought that the Zooper Dooper wrappers and McDonald's rubbish were interesting!
- The most frequent item found was...tiny pieces of plastic from plastic packaging which is dangerous for birds and fish to swallow.
- The person who collected the most rubbish was Lincoln, from 1E.

Thanks to all the keen students and teachers, who helped on the day.

Miss Gobbe



Effective Practices

School Photo Day

Next Week Thursday 14 March

Students are expected to wear summer uniform and clean black shoes. Girls ribbons or hairbands are school colours. No makeup or jewellery is to be worn.

Individual, class siblings and a whole school photo will be taken on the day.

Sibling envelopes are available from the School Office.

The School Photographer is the company selected to take our school photos.

Mobile Phones

If students need to bring a mobile phone to school, please inform your child's classroom teacher. All mobile phones are to be checked in at the office in the morning and collected at the end of the day.



Election Day BBQ

Saturday 23rd March - Volunteers needed





THE EASY WAY TO BOOK SCHOOL INTERVIEWS

Dear Parents

Three Way Conferences will be held on Wednesday 20th March and Thursday, 21st March. At these conferences students, teachers and parents will discuss a student's learning so far this year and their goals.

Bookings open 9am Thursday 7th March. Conferences are 15minutes in length.

Please select one time slot for a conference. Bookings must be finalised before Tuesday 19th March at 5pm, when bookings for this event will close.

Simply enter the code and press "Go"



Enter your details



Select the teachers you wish to see



Select the appointment times that suit your family best



When you click **FINISH**, your interview timetable will be emailed to you automatically. If you do not receive your email immediately –

Check your junk mail folder AND make sure you have spelled your email address correctly

You can return to www.schoolinterviews.com.au at any time, and change your interviews - until the bookings close Tuesday, 19th March at 5pm

You may change your bookings, any time prior to the closing date, by re-visiting the www.schoolinterviews.com.au website, and using the event code. Remember to use the same name and email address, you used when you made your original booking. Parents wishing to change their interview times after the closing date, should contact the school directly on: 9874 4669

We would love to hear what you think about online booking. If you get time, click on the "contact us" button on the www.schoolinterviews.com.au website, and leave some feedback - anonymously if you wish, but please include the school's name and suburb.

Wellbeing Update

This semester we are doing an anti-bullying program called “Be Safe” based on resources from Bounce Back and URStrong. It is a proactive program, teaching students the skills they need to solve conflict and stay safe at school.

The program starts by exploring “What is bullying?” This is mean-on-purpose behaviour like kicking, punching, name calling that continues over a period of time. Students are taught never to put up with mean-on-purpose behaviour, to tell the person to stop, walk away and let a teacher know and it is not dobbing to tell a teacher about unsafe behaviour.

Students are also learning mean-on-purpose behaviour is different from the common conflict that arises in everyday relationships. These normal disagreements are labelled “friendship fires”. Over the semester students will be taught strategies and supported to put these “friendship fires” out themselves.

As parents it can be tricky supporting your child when conflict arises at school. A good place to start is to ask...

Do you think this is a “friendship fire” or is the other person being mean-on-purpose?

If it is mean-on-purpose behaviour, follow up by asking...

Were you able to tell the other person to stop?

Did you walk away and let a teacher know what happened?

The staff at Melrose Park Public School are all committed to the safety of our students. They will take seriously any report of mean-on-purpose behaviour and follow it up appropriately.

Ms Kwan

Wellbeing Officer



The National Day of Action against Bullying and Violence, held on Friday 15th March, is an opportunity for Australian schools to highlight their everyday work to counter bullying and violence.

At Melrose Park PS we are developing a consistent set of language to use across the school for teachers and students. Students will have the opportunity to make a poster with the theme: Is it bullying?
We will then update our brochures to reflect our new approach.

Is it bullying?

Was it thoughtless ?	Did someone think before acting or saying?
Was it unkind ?	Did someone say or do something just once that hurt or upset another person? These are Friendship Fires
Was it mean ?	Did someone say or do something once that was mean on purpose ?
Was it bullying ?	Has someone been mean on purpose again and again with the purpose of an abuse of power

English as an Additional Language/Dialect (EAL/D)

Learning English is essential for success at school and for further education, training and employment for students who speak a language other than English as their first language. EAL/D support aims to develop EAL/D students' English language across the curriculum.

At Melrose Park P.S. EAL/D students are supported by classroom teachers who ensure their needs are catered for within the class program. In addition, our specialist EAL/D teacher, Mrs Gow, team teaches with classroom teachers on Tuesdays and Wednesdays, supporting students with their speaking and listening, reading and viewing, and writing skills.

Across the school, EAL/D students have made a sound start to the 2019 school year through targeted speaking and listening activities. We are looking forward to another successful year.

Mrs Gow
EAL/D Teacher

ICT (Information and communications technology) news

Part of my job as ICT coordinator at Melrose Park PS is to assist teachers integrating technology into classrooms learning activities as well as supporting students becoming confident users and creators of ICT using a variety of technologies.

We have begun the year ensuring all students in Years 1-6 can successfully log on to the computers and use *Reading Eggs* and *Mathletics*. Years 3-6 have also been practising typing skills using *Typing Tournament*.

4L and 5/6M are using cameras and iPads and learning how to take better photos using various photographic techniques. They will also be introduced to PhotoShop and graphic design skills. Their photographs will be displayed in the Art Show in Term Three. Some students may also enter the Atom Photography competition with entries due by 10 May. 3R and 45E will work on their photography skills in Term Two. Years 1 and 2 students will be taking photographs around the school as part of their science lessons.



This term, students in 4/5E and 5/6M will be shooting and editing videos to support their learning in science.

Robotics clubs have begun on Thursday at lunchtime and after school. Year 5 and 6 students are working towards competing in the NSW RoboCup Junior competition, while years 3 and 4 students are learning how to build and program a variety of robots. Robotics will also be used the Friday STEM group and in classroom to enhance learning.

Digital safety has been a priority this term with discussions on good digital citizenship, our Digital Footprint, preventing cyberbullying and being safe online.

The amount of screentime our children have on their devices is a hot topic at the moment. Watch last night's 7.30 report on ABC iView (Monday March 4). I have included some thoughts on this topic in an information sheet: "*How much is too much online?*". Obviously, there is no 'easy' answer to this question but I hope this will guide you in your thinking and provide some useful links.

Mrs Pam Grover
ICT Coordinator



Parent

Screen-time recommendations

- 0-2 years
No screen-time
- 2-5 years
1 hour/day
- >5 years
1-2 hours/day

new change to learn

Australian Government, Department of Health & Ageing, American Academy of Pediatrics

*These guidelines are for entertainment purposes only and do not include screen time for educational purposes.

What about screen time for educational purposes?

The internet is a great tool for educational support and some of the time that your child will spend online will be for this purpose. In fact, more schools are now implementing a 'bring your own device policy' in the classroom to take advantage of online education in the classroom. It is crucial that you help your children strike the right balance between online time for education and online time for entertainment and social networking.

The above advice is taken directly from the Office of the eSafety Commissioner where lots more helpful information can be found on the topic of [Balancing things online](#).

However, screen time is not just about sedentary behaviours. Dr Kristy Goodwin, an Honorary Associate at Macquarie University and an expert on the impact of digital technologies on young children's learning, suggests that, "what a child does with a screen is so much more important than simply quantifying 'how much' time they spend with screens". She says that:

"Like most things in life, it comes down to moderation and creating healthy habits. We need to teach our children how to form healthy relationships with technology. And this involves being able to use technology in intentional ways and for specific periods of time". (www.mumlifeaustralia.com/screen-time-guidelines)

Pam Grover
ICT teacher, MPP

How much is too much online?

Advice from the Office of the eSafety Commissioner:

www.esafety.gov.au

There is no magic guideline for the 'right' amount of time for children to spend online. This is a matter for you to decide—but there are guidelines that can help you in addition to factoring in the age of your kids, their maturity level and your family dynamics.

What do the experts suggest is appropriate for entertainment?

A great place to start is understanding what health professionals recommend. The Department of Health has established a useful website which include links to brochures, fact sheets and tips for physical entertainment:

health.gov.au/internet/main/publishing.nsf/content/health-pubhlth-strateg-phys-act-guidelines
(Physical Activity and Sedentary Behaviour Guidelines)



Australian Government | Office of the Children's eSafety Commissioner

8 tips to keep on top of your child's screen time

- Plan screen-free time, like outdoor play, music and sport.
- Lead by example – reduce your own screen time.
- Agree on daily screen time limits. It's not punishment, it's about keeping a balance.
- Be involved – watch TV and play games together.
- Start with small reductions to help lessen any resistance.
- Use tech tools to manage access, such as parental controls.
- Set tech-free zones and times at home – e.g. all screens off in bedrooms after a specified time.
- Resist giving mobile devices to children when going out – take books or toys instead.

esafety.gov.au/iparent

Connected Communities

Parents as Partners P&C 2019

Thank you to the many parents who participated at last week's P&C meeting and thank you to the parents who volunteered for a position that will support your child and the school. There are still a few positions that are vacant. We hope to fill these positions as soon as possible. Please speak to a P&C member to find out what is involved. Your support is appreciated.

Enrolment 2020

It is amazing to think that school has only returned for a few weeks and yet we start to think of preparing for 2020.

Next Monday, our Year 6 students will receive information for enrolling into High School (Year 7). The information will inform parents of the process for applying for a high school. Parents of Year 6 are required to complete the application form and return the form to school by March 19. These forms are to be returned even if your child will attend an independent or catholic school in 2020.

Now that our Kindergarten students have settled into school life we now open enrolments for a new cohort of students that will commence school in 2020. If you have a pre-schooler eligible to commence (turning 5 before July) please come to the office and pick up an enrolment form

Our first OPEN AFTERNOON will be held on 27 March from 2.15pm. This afternoon will be for interested parents and their child to come visit the school and take a guided tour with our senior students. If you know of a neighbour that has a young child ready for school in 2020 please tell them about our wonderful school.

Scripture (Special Religious Education)

Scripture has begun for the year at Melrose Park Public School. This year scripture will be held on Tuesday afternoons from 2-2:30 for Years 3-6 and 2:30 – 3:00 for Years K-2.

There are currently Non-Denominational Scripture (run by West Ryde Anglican Church) and Catholic Scripture available. Students who do not attend either of these, attend Non-Scripture which is a time for reading, drawing or homework in the school library.

Our scripture teachers for 2019 are:

Catholic: Mrs Diane O'Shea and Mrs Sue Farrer

Non-Denominational: Kindergarten Mr Mal York

Years 1-4 Mr Simon Keith

Year 5 & 6 Mr David Chen

Some parents have enquired about the introduction of other religions and ethics to our school. To introduce another religion, parents should contact their local church to organise approval and a scripture teacher. The school has registered to implement ethics however there is currently no instructor available.

A parent/caregiver may at any time notify the school in writing that they do not wish their child to attend special religious education or may alter the religious persuasion selected. Students continue in the same arrangement as the previous year, unless a parent/caregiver has requested a change.



Responsible Pet Ownership Program

On Monday March 18th, students in Years K-2 will participate in the Responsible Pet Ownership program.

The Program includes a dog visit, multimedia tools, role play, song and story time.

The Program focuses on teaching students about dog safety:

- when dogs should be left alone
- things we should not do to dogs
- how can you tell if a dog is happy, frightened or angry
- a safe way to approach and greet a dog
- what to do if approached by an unknown or aggressive dog.



Saving Lil and Archie

On Wednesday March 20th, students will watch a performance that promotes balance, positive relationships and the responsible use of technology.

There is pandemonium on Planet Arkon when two robots, Lil and Zig, are zapped to earth and into the lives of Bella and Archie. Through their encounters with these unexpected guests, Bella learns to be assertive and to 'report' and 'log off' or walk away, when she feels uncomfortable or confronted by others. Archie begins to understand his emotions and the emotions of others. He realises that lack of sleep and hours of screen time make him angry and unable to make positive connections with real people. In order to restore the balance, Archie learns that he must control his impulses and engage in more positive behaviours so that Lil and Zig can return to Arkon.



Stewart House Clothing Appeal 2019

Stewart House Bags will go home shortly and collection date is Tuesday 12th March.



Classroom News

News From 20

20 have been enjoying getting to know new friends and setting up our routines! We especially love gymnastics, sport and listening to picture books being read to us. Literacy groups includes fun activities such as speaking and listening games. In mathematics groups we enjoy hands on activities and practicing new knowledge with iPad games. In science we are learning about the processes of getting food and other products from the farm or orchard and into our homes. We love talking about food!



Miss Gobbe

Tales from the Library

Welcome back to another year of adventure, humour and fantasy in the world of books. It is sure to be another year filled with reading challenges, fundraising for worthy causes, the Book Fair and shows and of course our Book Week parade.

This term students in Kindergarten are exploring the world of Mem Fox. Stage 1 are immersing themselves in the imaginings of Alison Lester.

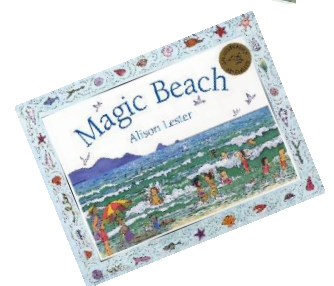
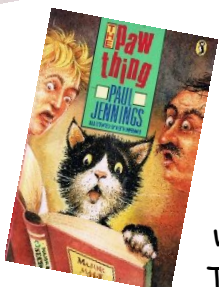
Stage 2 are analysing the descriptive works of Anna Fienberg. Stage 3 are enjoying the quirky and humorous tales of Paul Jennings.

This week sees the launch of the **Premiers Reading Challenge**. I encourage all students to take part in a wonderful excuse to read new and exciting books!

The library will be open to students **Thursday 2nd half lunch**. This is a time for browsing, borrowing, reserving or quiet reading.

A reminder all students must have a bag to borrow books.

Happy reading!
Mrs Piper



Community News

P & C Report

Term 1 Week 6

Announcing the 2019 P & C COMMITTEE

The P&C AGM was held on Monday 25th February. We are delighted to let you know that most positions have been filled. There are still some roles vacant and we would love if some additional parent volunteers came forward to fill these.

If you are interested, please contact anyone on the committee. We are also happy for multiple people to work together on any role and there is a lot of support available from existing members.

2019 P&C Executive Committee

President:	Dolores Bragg	president@mppspc.com
Vice President:	Sam De Vos	committee@mppspc.com
Treasurer:	Cathy Lincoln	treasurer@mppspc.com
Secretary:	Amy Greenshields	secretary@mppspc.com
Community Support Co-ordinator	Vacant	

Are you interested? - Use your charm to request donations for P&C fundraising. This involves sending letters out to companies and possibly visiting local businesses or following up with a phone call. This role is an easy one to share with a friend or other parent. (contacts, letters & emails are already drafted)

P&C Sub - Committee Positions

All sub -committees welcome additional parents to assist.

OSHC Committee Co-Ordinator:	Erika Hewitt	oshc@mppspc.com
Uniform Shop Co-Ordinator:	Lucinda Mavin	uniforms@mppspc.com
Website Admin:	Ros Wagstaff	admin@mppspc.com
Golf Day Co-Ordinators:	Chantel Latu & Cathy Lincoln	golfday@mppspc.com
Community Support Representative:	Chantel Latu & Erika Hewitt	donations@mppspc.com
Class Parent Co-Ordinator:	Chantel Latu	
School Banking Co-Ordinator:	Tracey Smart	
Book Club Co-Ordinator:	Nicola Rench	
Market Day Co-Ordinator(s):	Vacant	

Are you interested? - Take charge of our incredible annual event and guide the organization front and fundraising agenda. We're all about working smarter not harder so bring your brilliant ideas to the table and gather a team to help you! This is normally held at the end of October each year. (all information, contacts & timelines are available)

Trivia Night Co-Ordinator(s): **Vacant**

Are you interested? - Keep the FUN in fundraising! This committee brings out the event planner within you and is a great opportunity to bring the school & community together for a night of competitive fun. (all information, contacts & timelines are available)

Friday Lunch Co-Ordinator: Vacant

Are you interested? - Help keep parents sane & free up Friday lunch time!!!! Coordinate orders & collection of Friday lunches (most of this is done via the website to make things very easy!) This is another role that is great shared with a few parents.

2019 Class Parents

A big thank you to our volunteers who have agreed to facilitate the communication between, Teachers, The School, the P&C and our Families! If you haven't already passed on your details to the class parent and want to be kept up to date, please send your information to them. This year's class parents are:

M	5/6 – Lana Roos	lanaroos@tpg.com.au
E	4/5 – Chantel Latu	chantel_latu@arnotts.com
L	4 – Kendell Smith	kendallshaw@hotmail.com
R	3 – Deb Riley	Deborah@cubic.com.au
O	2 – Kylie Cruise	kcruise@comminsure.com.au
S	1/2 – Katie McKnight	katieamcknight@gmail.com
E	1 – Roxy Dethridge	roksanamotel@gmail.com
P	K – Mel Edelman	medelman@iinet.net.au
A	K – Cathy Lincoln	b.c.lincoln@bigpond.com

Subway Orders – Volunteer Urgently Required!!

We need a volunteer or many volunteers to share collecting the Subway orders each Friday morning in term 1 at 10.30am from Subway at Ermington and deliver to the school. If you are happy to assist, please email Ros at lunchorders@mppspc.com

Without volunteers, there will be no Subway. All orders must be placed by 8pm on Wednesday

Please note that all orders & payments are online only. This means the Wednesday night cut-off is automatic. If your order isn't in by then, you won't be able to have lunch delivered that week.

The link for orders & payments is <https://mppspc.com/product/subway-orders/>

If you encounter any problems or have any queries, please email: lunchorders@mppspc.com

Upcoming Events**MPPS Bowling Night**

A fantastic night was had by all at our annual bowling night on Sunday 3rd March at Tenpin City, Lidcombe. Thank you to all our families for coming along and supporting the event and a special thanks to all the volunteers who made this night possible. The event raised \$426 for the school.

Melrose Park Community Cup Golf Day & Dinner

There has been a date change to the Melrose Park Community Cup Golf Day & Dinner. It will now be **Thursday 2nd of May 2019**.

Ryde Parramatta Golf Club, 1156 Victoria Road, West Ryde NSW 2144

Thursday 2nd May 2019

Golf from 11.00am

Dinner from 5.30pm

RSVPs for golf day are due after school holidays. We would like to have as many as possible through, before school ends, so that we can organise our tables as the day is open to 5 other community groups for bookings. We don't want to miss out!

100% of the funds raised by Melrose Park Public School will be donated back to the school!! So please book for dinner and or a team of 4 to play golf on the day.

Dinner - \$65 (Includes 3 course meal plus 4-hour drinks package and entertainment)

Golf and dinner - \$125 (Includes sausage sizzle before golf, 3 course meal plus 4-hour drinks package and entertainment)

Golf only - \$100 (Includes sausage sizzle before golf)

Golf Cart Hire (2 riders) - \$50

Golf Club Hire - \$15

Dates to Remember

Monday 25/03/2019	P & C Meeting
Thursday 2/05/2019	Community Golf Day

Uniform Shop and School Banking

Email orders are welcomed & will be put in your child's bag once payment has been received.

Uniform shop email is uniforms@mppspc.com

Website orders: <https://mppspc.com/uniform-shop/>

Mon	Tues	Wednesday	Thursday	Fri
		School Banking	Uniform Shop Open	
		8:20 - 9:05am in the canteen	8.45 – 9.15	



Play Rugby League in 2019 with Holy Cross Rhinos

Junior Rugby League Football Club






Register online NOW
www.rhinofooty.com
 2019 REGISTRATION includes
 FREE jersey, shorts, socks and
 2019 NRL pass

Under 6	FREE
Under 7-U8	\$70
Under 9 - Seniors	\$100

* New players to provide proof of age

Have-A-Go Days
**Wed 6th March &
 Wed 13th March**
(Under 6 - Under 10)
 5:30 - 6:30pm



FREE HEADGEAR
for U6's - U10's

Pre-Season Training (Under 11+)
 Wed 6th March & Wed 13th March
 5:30 - 6:30pm
 Holy Cross College Frank St Ryde.
 FREE BBQ and fun night.

www.rhinofooty.com | rhinorego@gmail.com | 0405 133 900 | 2012 NRL Grassroots Club of the Year 

Yogi co

Yoga at Melrose Park PS

Classes are held in the school hall Mondays & Wednesdays at 6.30pm throughout the school terms.

The style of yoga is dynamic and easy to follow postures that helps brings balance to your body. With balance, its easier for you to enhance your flexibility, strength and vitality.

Everyone can do yoga, no matter your fitness, body shape, or age.

Come and try a class.

All enquiries please call or email Courtney - 0417 156 303 or courtney@yogico.com.au

Hope to see you soon.

YOGI CO ABN: 40 776 273 290

20 COBHAM AVE MELROSE PARK NSW 2114

TEL: 0417 156 303

EMAIL: COURTNEY@YOGICO.COM.AU