## Melrose Park Public School

# 'Learning and Growing Together'

110 Wharf Road, WEST RYDE 2114

Phone: 9874 4669

Email: melrosepk-p.school@det.nsw.edu.au Web: www.melrosepk-p.schools.nsw.edu.au



Term 1 Week 8 19th March, 2019

#### **Coming Events**

	Term 1 Week 8				
Monday 18/3 Wednesday 20/3 Wednesday 20/3 Thursday 21/3 Thursday 21/3	<ul> <li>Living Safely with Pets visit</li> <li>Saving Lil &amp; Archie Performance</li> <li>Three way Conferences</li> <li>Three way Conferences</li> <li>Harmony Day</li> </ul>				
Term 1 Week 9					
Wednesday 27/3	Open Afternoon				
Term 1 Week 10					
Monday -Thursday • Life Education					
Term 1 Week 11					
Tuesday 9/4	<ul> <li>Cross Country</li> </ul>				
Election Day BBQ  Vote at MPPS and enjoy the BBQ to support our school.					

#### Melrose Park Public School

Learning and Growing Together



A special invitation for prospective enrolments and our local community.

We will have open classrooms and a variety of activities happening around the school for you to enjoy:

- Observe literacy and numeracy groups
- See students at work in ICT
- Explore our kitchen garden
- · Enjoy a school tour

#### **Enrolling now for 2020**

110 Wharf Road West Ryde NSW 2114 melrosepk-p.schools.nsw.edu.au Phone: 9874-4669



#### **Principal's Report**



We welcome Damien our new cleaner to Melrose Park PS.

Last week we introduced Damien to our students. Take time to say hi to him when you see him taking good care of our school environment.

Principal's Award			
5/6 M	Tiffanie	1/2S	Shuya
4/5E	Zia	1E	Jade
4L	Bella	KP	Andre
3 R	Marcus	KA	Brooke
20	Ella		

#### **Successful Students**

#### Harmony Day - Thursday 21st March

Student Voice are inviting all students to celebrate Australia's cultural diversity. Students may wear orange to school and will be participating in activities to highlight and promote diversity.



#### **Student Leadership**

On Tuesday March 5th the student leaders went to the GRIP Student Leadership conference. We learnt about the people pathway and core qualities a leader should have. These are; confidence with humility, others focused, reliability and empathy. We learnt how we could help the school by others who have done the same. We learnt about contributing to our school in a positive way. Also we learnt how to make a difference to our school and society.

The Student Leaders, Ruby, Tiffany, Hugo and Riley





It's been a great six weeks of school and we are off to a great start. Our Student Voice have been meeting and discussing issues that are important to our students. In our classes Student Voice leaders are organising a box for students to put ideas and suggestions in that we can address at our fortnightly meetings.

Have a great week,

Michael and Lakshman, Student Voice Leaders.

#### **Zone Swimming**



Last Wednesday, 16 students represented our school at the Ryde Zone Swimming Carnival. Our super swimmers competed in many races and showed outstanding sportsmanship throughout the carnival. We came 13<sup>th</sup> overall, with five students making finals. Hugo and Freya qualified for the Sydney North carnival on 28<sup>th</sup> March. Congratulations to all swimmers for their effort, enthusiasm and sportsmanship.

#### **Cross Country**

Our annual Cross Country carnival will be held on 9<sup>th</sup> April. To prepare at school for this, we have been practising running long distances. At home, you can also practise by going for a run at the oval or around the block.

If you are able to assist during the carnival, please let the office or Miss Fury know. We are looking forward to a great carnival!



#### Student Well-Being

Resilience: helping your child to 'bounce back' by Toni Noble & Helen McGrath

#### What is Resilience?

Resilience is the ability to cope and 'bounce back' after encountering negative events, difficult situations or adversity and to return to almost the same level of emotional wellbeing. It is also the capacity to respond adaptively to difficult circumstances and still thrive. Young people who encounter difficult or challenging situations can learn from them and become stronger.

To read the rest of the article follow this link: http://www.bounceback.com.au/sites/default/files/Parent%20notes%20%20resilience.pdf

#### **Effective Practices**

#### Learning@ Melrose Park PS

One of our learning aims at Melrose Park is to assist our young learners to be:

- \* Creative
- \* Collaborative
- \* Critical thinkers who can effectively
- \* Communicate.

These are known as the 4 C's of 21st Century learning.

At Melrose Park PS we believe that we should be helping and guiding our children to learn to be effective learners **as** they develop their literacy and numeracy foundations and content knowledge. We want our children to learn to be effective learners who can respond to a changing world by working through problems creatively and effectively with each other.

As part of our reporting commitment we welcome parents to the school this week to share in a Three Way Conference with their child and their teacher. During this conference your child will share their learning journey (thus far). A **Three-Way Conference** is an opportunity for students to share their strengths, areas for growth and to set a **learning** goal with their parents and teachers.

If you have yet to make an interview time please follow the following instructions to do so.



#### **Dear Parents**

Three Way Conferences will be held on Wednesday 20<sup>th</sup> March and Thursday, 21<sup>st</sup> March. At these conferences students, teachers and parents will discuss a student's learning so far this year and their goals.

Conferences are 15minutes in length. Please select one time slot for a conference.

BOOKINGS CLOSE TODAY - Tuesday 19th March at 5pm.

Go to www.schoolinterviews.com.au and follow the instructions below.



Simply enter the code and press "Go"



Enter your details



Select the teachers you wish to see



Select the appointment times that suit your family best



When you click *FINISH*, your interview timetable will be emailed to you automatically. If you do not receive your email immediately –

Check your junk mail folder AND make sure you have spelled your email address correctly

You can return to <a href="www.schoolinterviews.com.au">www.schoolinterviews.com.au</a> at any time, and change your interviews - until the bookings close Tuesday, 19th March at 5pm

You may change your bookings, any time prior to the closing date, by re-visiting the <a href="https://www.schoolinterviews.com.au">www.schoolinterviews.com.au</a> website, and using the event code. Remember to use the same name and email address, you used when you made your original booking. Parents wishing to change their interview times after the closing date, should contact the school directly on: 9874 4669

We would love to hear what you think about online booking. If you get time, click on the "contact us" button on the <a href="www.schoolinterviews.com.au">www.schoolinterviews.com.au</a> website, and leave some feedback - anonymously if you wish, but please include the school's name and suburb.

#### **Quality Teaching Study**

Teachers from our school have recently been selected to participate in a new research project on teacher professional development. The research is being undertaken by the University of Newcastle and is examining the effect of Quality Teaching Rounds.

Students will be invited to participate in the project as their teacher becomes involved. 3R received their invitations on Friday and will complete some surveys and assessments in the upcoming week as part of their usual school activities. So that their identity remains unknown, students will be allocated student numbers by the research team so that they can link survey and assessment results with NAPLAN and school attendance data.

If your child is in 3R and you do not want the research team to have access to any data – albeit unidentified, you can opt-out on your child's behalf. For further information about the research, please visit the research website at www.newcastle.edu.au/QTR or call the research team on (02) 4921 5351.

#### Homework forum

This year the school is reviewing the homework procedures in line with new Department Guidelines and we seek your input.

Late last year, a homework survey went out to parents. From the 74 responses that were received, 48.6% of parents said that homework was worthwhile.

If you have time to meet and further our consultation process please come along for a discussion on Tuesday 2nd April at 2.30pm. We will meet in the staff room.

As many parents work and are unable to meet at this time, please feel free to send an email with your comments about homework.

We are particularly interested to hear how the changes in the 2019 home learning practices are working.

#### **Connected Communities**

#### **Mobile Phones**

If students need to bring a mobile phone to school, please inform your child's classroom teacher. All mobile phones are to be checked in at the office in the morning and collected at the end of the day.



#### Living Safely with Pets visit



Yesterday K-2 were lucky to have Charlie the dog come and visit us to teach us about pet safety. We discussed what pets need and how to look after them in our backyard. We also learnt how to pat a dog safely and how to approach them without scaring them. Some of us got to put our skills into practise when we were able to pat Charlie at the end of the session.

#### Saving Lil and Archie

Tomorrow's incursion Saving Lil and Archie has several simple messages for our students:

- If you read or see something negative or nasty on the internet/TV/mobile then log off and tell a trusted adult.
- Only play age appropriate computer games.
- · Get at least nine hours sleep every night.
- Get some fresh air and exercise
- Talk about your emotions
- We all need balance.
- We all belong.



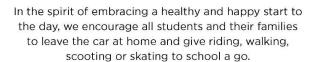
# NATIONAL RIDE2SCHOOL DAY 2019

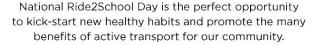
#### FRIDAY 22 MARCH

#### **Melrose Park Public School**



#### are excited to be celebrating National Ride2School Day on Friday 22 March 2019.

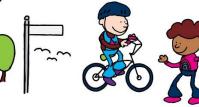




If you can't actively travel the whole way, consider parking the car nearby and riding or walking the rest of the way.



It's going to be a wheelie good day and we hope to see you there!











#### Life Education Incursion

Healthy Harold is on his way to Melrose Park Public School. In the week of Monday April 1- Thursday April 4, every class in the school will visit the Life Education van to participate in the Life Education Program.

# friend ship

#### Kindergarten Harold's Friend ship

After building a model spaceship at school, Harold and his friends, Boots and Red venture into an imaginary world in outer space. As the adventure unfolds children explore:

- · how to build friendships and care for others
- feelings and emotions
- safe and unsafe situations and early warning signs
- · safe places and people to turn to for help





Harold battles to figure out what to give his grandma for her birthday, until his friends, Boots and Red step in and offer some good ideas. This animated story takes us to familiar surroundings where students can:

- explore what health messages mean
- · identify safety signs
- recognise how physical activity and nutrition contribute to a healthy lifestyle
- explore how positive relationships benefit our health and wellbeing

#### Years 3 & 4 Mind Your Medicine



Using a friendly game show format Mind Your Medicine develops students' understanding of medicines and their safe use, positive communication, strategies for managing conflict, stress, and bullying and explores how feelings influence the choices that we make.

- factors that influence someone's sense of self-worth
- techniques for effective communication
- identifying the impact of different factors on health and wellbeing
- strategies for managing stressful situations
- medicines as drugs & the consequences of their misuse

#### Years 5 & 6 Life Decisions



Students explore the decision making process and improve decision making skills by looking at choices, consequences, responsibility, facts and influences. • what is a drug and how drugs are classified

- effects of drugs on the body
- · analysing health messages about drugs in the media
- messages around non-use normative data dispelling myths
- influences on decision making family, peers, media, culture, financial, legal
- strategies and skills to be safe

**Life Education** is a non-profit organization and all the money raised is committed to the primary objective of educating children. Harold products will be on sale during the visit.

Order forms will be given to the students to take home and must be returned by Thursday April 4th.

#### **Classroom News**

#### Learning in Kindergarten

Term 1 is almost over. We can't believe how quickly it is going and that we have almost finished our first term of school! In literacy, we have been learning about the letters and sounds m,s and t.

In maths, we have been learning about the difference between tall and short and long and short. We have also been practising our counting, identifying numbers before and after and learning new maths games. Our science unit focuses on living things. As part of our investigation, we have been growing broad beans. They have begun to sprout. We learned that plants need light and water to grow. We loving watching them grow and seeing the changes each day. Come and have a look outside our classrooms to see!

As Cross Country is fast approaching, we have been practising our running for fitness. It is a very long way for our little legs! We have also been discussing how important it is to eat lots of fruit and vegetables and to keep active.

We love learning in Kindy!



#### News from 3R

The beginning of the term has flown by in year 3 as we have been very busy learning and having a lot of fun along the way. We have been writing amazing descriptive texts. We started off writing descriptions of the characters in Fantastic Mr Fox using adjectives to describe their appearance and personality. We then wrote some descriptions of a rainforest together as a class...

Deep in a tropical rainforest far, far away there sat an old forgotten bridge. Covering the bridge were over growing vines and moss that were a rich forest green. Bubbling white magical water searched its way over the ancient rocks. The stream led into a sparkling clear pond where a little frog was relaxing by watching the playful water flow away down the stream. Sunbeams shone through a canopy of thick emerald green leaves.





Venturing deeply into the canopy of the dark green rainforest, the ferocious jaguar searched for his prey. The huge, magical waterfall spilled loudly over the rocks, gushing into the gloomy water, mesmerising the jaguar. Suddenly, it spied the red-tailed monkey swinging in front of the sunset glimmering over the bridge.

It is wonderful to see such amazing learning happening in 3R!

#### **News from 4L**





our photos even more!



There has been lots of learning happening in 4L the last few weeks. One of our favourite subjects is Photography! We have experimented with different photography elements such as lighting, textures and angles, to take some amazing photos. Soon, we will be learning to use Photoshop to edit and enhance







#### **Community News**

# P & C Report Term 1 Week 8

#### Election Day BBQ - 23rd March 2019

The P&C are running a BBQ on Election day being held on 23rd March.

We are still looking for a few volunteers to fill spots on Saturday23<sup>rd</sup> March.

- 11am to 1pm 2 spots still available
- 1pm to 3pm 1 spot still available

Head to the following link to sign up; https://www.signupgenius.com/go/8050d4fa9aa23a0ff2-2019

Thank you to the Riley, Williams, Armstrong, De Vos, Skounkhou, Latu, Candy, Bhushan, Cheng, Baldwin, Thompson, Chin, Mavin families for volunteering already. We greatly appreciate you giving up 2hrs of your precious time to support our school.

Don't forget to come at vote at the school and avail of the yummy food.

# Next P&C Meeting 25th March @ 7.30 pm in the School Library

Please come and attend our next P&C meeting.

We will be having our local developers PAYCE attend the meeting and answer any questions you may have. We will also be communicating our proposed fundraising calendar for the year and always welcome volunteers to help with events.

We are still looking for some volunteers for;

Community Support Co-ordinator: Vacant

Are you interested? - Use your charm to request donations for P&C fundraising. This involves sending letters out to companies and possibly visiting local businesses or following up with a phone call. This role is an easy one to share with a friend or other parent. (contacts, letters & emails are already drafted)

Market Day Co-Ordinator(s): Vacant

Are you interested? - Take charge of our incredible annual event and guide the organization front and fundraising agenda. We're all about working smarter not harder so bring your brilliant ideas to the table and gather a team to help you! This is normally held at the end of October each year. (all information, contacts & timelines are available)

Trivia Night Co-Ordinator(s): Vacant

Are you interested? - Keep the FUN in fundraising! This committee brings out the event planner within you and is a great opportunity to bring the school & community together for a night of competitive fun. (all information, contacts & timelines are available)

#### **Subway Orders**

A BIG thank you to Luson Chen's mum Jingjing Meng for assisting us with collection the subway order until the end of term!

All orders must be placed by 8pm on Wednesday.

Please note that all orders & payments are online only. This means the Wednesday night cut-off is automatic. If your order isn't in by then, you won't be able to have lunch delivered that week.

#### The link for orders & payments is <a href="https://mppspc.com/product/subway-orders/">https://mppspc.com/product/subway-orders/</a>

If you encounter any problems or have any queries, please email: <a href="mailto:lunchorders@mppspc.com">lunchorders@mppspc.com</a>

#### Melrose Park Community Cup Golf Day & Dinner

Ryde Parramatta Golf Club, 1156 Victoria Road, West Ryde NSW 2144 Thursday 2nd May 2019

Golf from 11.00am Dinner from 5.30pm

A great community event hosted by 6 local community groups, Including Melrose Park PS, come along & play or join us for a great evening of entertainment at dinner.

https://mppspc.com/product/melrose-park-golf-day/

100% of the funds raised by Melrose Park Public School will be donated back to the school!! So please book for dinner and or a team of 4 to play golf on the day.

**Dinner - \$65** (Includes 3 course meal plus 4-hour drinks package and entertainment)

Golf and dinner - \$125 (Includes sausage sizzle before golf, 3 course meal plus 4-hour drinks package and entertainment)

Golf only - \$100 (Includes sausage sizzle before golf)

Golf Cart Hire (2 riders) - \$50

Golf Club Hire - \$15

#### **Uniform Shop and School Banking**

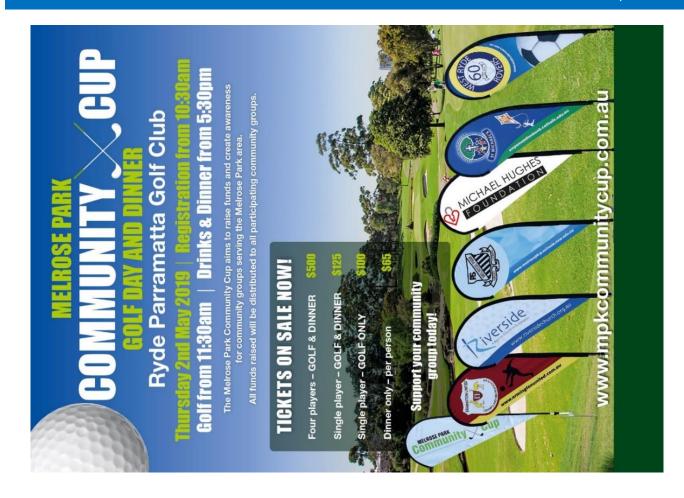
Email orders are welcomed & will be put in your child's bag once payment has been received.

Uniform shop email is <u>uniforms@mppspc.com</u>
Website orders: <u>https://mppspc.com/uniform-shop/</u>

Mon			
	School Banking	Uniform Shop Open	
	8:20 - 9:05am in the canteen	8.45 – 9.15	

#### **Dates to Remember**

Saturday 23/03/2019	Election Day BBQ	
Monday 25/03/2019	P & C Meeting	
Thursday 2/05/2019	Community Golf Day	





- Places still available for our Monday lunch time chess classes here in the school.
- our classes are a combination of learning new strategies and playing games to practice those strategies. Great for developing concentration, memory and creative thinking while having fun!
- call Sydney Academy of Chess on 9745 1170 to enrol for the remainder of term (fees pro rata) or call to enrol for a trial lesson.

Term 1 Week 6 19th March, 2019



Riverside Girls High School's

# Twilight Tour

Tuesday April 2nd from 4.00pm to 5.00pm with a Q and A

Bookings essential. Phone: 98164264

Come to find out about 2020
STEM Riverside: Recognised Leaders
Gifted & Talented Classes
in STEM Education Gifted & Talented Classes









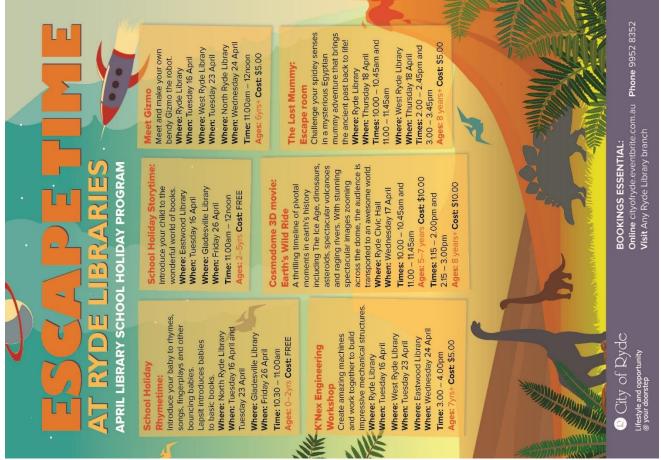
#### Notice of Meeting

An information night about Riverside Girls High School Gifted and Talented program and classes for 2020 where the application and testing process will be explained.

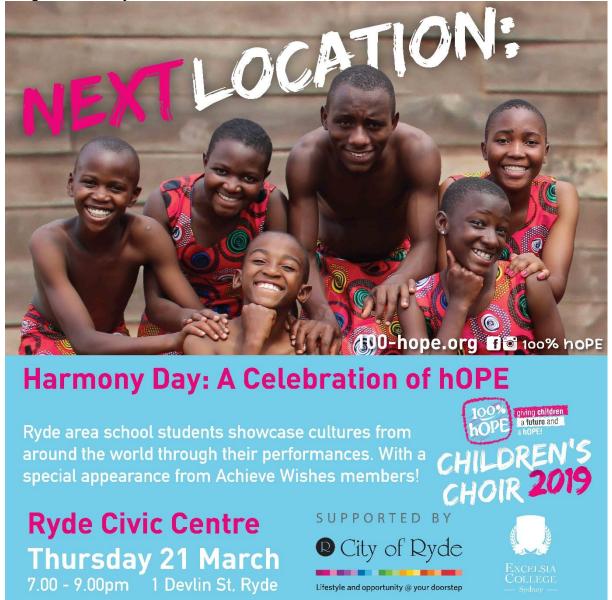
When: Tuesday 26 March

Time: 6 - 6.30 p.m.

Location: School Hall



Please share this exciting and rare opportunity with your school community in your newsletter – for Harmony Day 2019, March 21 – UN International Day for the Elimination of Racial Discrimination. Thank you from registered charity 100% hOPE volunteers



An authentic and educational experience of African music and culture is available for you and your family this Harmony Day – March 21 at Ryde Civic Hub. Everyone is welcome to the free **Harmony Day:**Celebration of hOPE Charity Concert featuring the 100% hOPE Children's Choir, on a three-month tour from Uganda. They will be sharing their stories through drumming, dance and acapella singing at Ryde Civic Hub. The Concert celebrating cultures from around the world is proudly supported by the City of Ryde, and Excelsia College.

Term 1 Week 6 19th March, 2019

# IT'S TIME TO BE A DOCKER! North Ryde AFL Club







### We are looking for players across all teams - Register NOW



www.northrydedockers.com.au



# IUNIOR DEVELOPMENT OFFICER - FOR NORTH-WESTERN SUBURBS TENNIS ASSOC

SKILL DEVELORMENT DRILLS, GAMES PRIZES MATCH PLAY VENUE: IN MEADOWBANK PARK - OFF CONSTITUTION ROAD 0 RYDE TENNIS ACADEMY

HEAD COACH: RAY BRENNAN - A MEMBER OF AUSTRALIAN TENNIS (ENTRANCE OPPOSITE FEDERAL ROAD) MEADOWBANK PROFESSIONALS ASSOCIATION

DATES: - Monday - 15 April to Thursday - 18 April 2019 (4 days)

TIME - 9.00am to 1.00pm

COST - 4 day - \$140.00 (incl. GST) SINGLE DAY - \$40.00 (incl. GST) DEPOSIT - \$50.00 (incl. GST) FOR CHILDREN AGED - 5 to 16 YEARS OLD

ENROLMENT FORM

NAME: .... ADDRESS:

SCHOOL: ....

.... POST CODE:

PAYMENT IS REQUIRED IN ADVANCE PER CHILD: OR A \$50.00 DEPOSȚT (incl. GST)

PLEASE NOTE: CAMPS ARE HELD EVEN IN WET CONDITIONS

TO SECURE YOUR POSITION AT THE CAMP: -PLEASE PHONE: RAY BRENNAN - on MOB. 0418 168 868.

FOR PAYMENT BY EFT - A/C NAME: RAY BRENNAN SCHOOL OF TENNIS COMM EPPING

BSB: 062 166 A/C # 0029 4909

SCHOOL HOLIDAY

Tennis Camp

(ABN 35 204 969 823)