

15 May 2023

Canberra Excursion 2023 – Final Information

Departure: Tuesday 23rd May 6:00 am. **Arrive by 5:45 am** to load.

Return: Thursday 25th May, approximately 5:30 pm. Please understand that timing can be difficult as it is dependent on traffic.

Medication: All medication currently held by the school for children in Years 5 and 6 will be taken on the excursion i.e. asthma puffers, epi-pens, anti-histamines etc. If your child has any additional medication (prescription or non-prescription) that needs to be taken while on the excursion, please fill out the medication form and hand the medication to Miss Mee. If your child is prone to **travel sickness** please ensure they have suitable medication before our trip, and have enough medication for the return journey. Any student bringing an asthma puffer to camp should have already submitted an asthma plan from their doctor to the school.

Covid-19 Declaration: The school is required to complete a declaration stating that they will ensure no participants are experiencing symptoms consistent with Covid-19 when the excursion commences. Any student exhibiting symptoms during the excursion will be given a RAT-test, asked to wear a mask when near others and their contact with others will be minimised.

Tuesday

*As the students will be attending Parliament House on this day, all students must wear a **clean full school uniform (named as it could be easily mixed up with someone else's later on).***

Please ensure your child has a small backpack to be taken on the bus, please include:

- One or two school jackets (current Canberra temperature is 4-15 degrees)
- A raincoat
- A healthy recess, lunch and afternoon snack
- A refillable drink bottle (water)
- A wallet with up to \$50 for small souvenirs
- Book to read
- Optional – camera, deck of cards

Please pack a small overnight bag containing:

- Pyjamas
- Toiletries – toothbrush, toothpaste, soap
- Two sets of casual clothes including a warm jacket, shoes and hats (One set for Wednesday and one set for Thursday)
- NO sheets, towels, (supplied by hotel).

Note: The overnight bag will not be accessible until the students arrive at their accommodation as it will be stored in the bus storage compartment.

Wednesday

Students are able to wear casual clothes on this day such as a T-shirt, jumper and jeans in a clean and presentable order. (No t/shirts with slogans or inappropriate motifs.)

Thursday

Students are able to wear casual clothes on this day such as a T-shirt, jumper and tracksuit pants in a clean and presentable order. (No t/shirts with slogans or inappropriate motifs.) Note that students will be participating in climbing activities requiring a harness, so longer pants are required.

Further Information

- The students will be supervised on the excursion by Miss Mee and Mrs Leszczynski.
- The school's mobile number for emergencies outside school hours is 0467 761 086.
- All items of clothing including their school uniform and other belongings need to be labelled with their name.
- Students **should not bring** electronic devices or games, mobile phones, lollies, etc.

Note: *There is a packing checklist attached, which might be helpful.*

Mrs Leszczynski
Classroom Teacher

Miss Mee
Assistant Principal

Camp Checklist

	Check
Wear Day 1	
School Uniform, including one or two warm jackets and hat	
School shoes	
Backpack for Day Excursions	
Raincoat	
Healthy recess, Lunch and afternoon snack	
Water Bottle	
Book	
Camera (optional)	
Deck of Cards (optional)	
Medication with instructions to be given to Miss Mee	
Money up to \$50 in secure wallet	

Overnight Bag	Check
Two sets of warm, casual clothes, including a hat and warm jacket	
Comfortable shoes for walking/running in	
Two sets of clean underwear (plastic bag for dirty clothes)	
Hairbrush	
Toothbrush	
Toothpaste	
Pyjamas	
Soap	
Small Teddy (optional)	

Medication Form

Please provide any medication along with this form to Miss Mee in a labelled resealable bag or container. Medications must be in original packaging, clearly labelled with the child's name and dosage instructions. For prescription medications, this will be the original pharmacy label; for over-the counter medications, this may need to be labelled by a parent/guardian.

Medication Column: Use the first two columns to write in all medications (including those taken only as needed), their dosage and times when medications are to be administered. Leave the remaining columns blank so that the administration of medication can be recorded.

Child's Name: _____

Medication (Name, dosage & instructions)	Scheduled times to be taken	Date: Tuesday May 23, 2023		Date: Wednesday May 24, 2023		Date: Thursday May 25, 2023	
		Time taken:	Initials	Time taken:	Initial s	Time taken:	Initials