

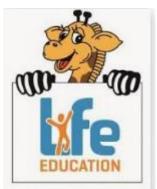


Learning and Growing together

13 February 2020

Healthy Harold is arriving next week

Next week, Monday – Thursday, February 17th – 20th, the Life Education van will be visiting our school to present its Personal Development and Health program. Each student will attend the van with their class teacher. The cost of this incursion is \$10 per child, which will be collected upon issue of the school invoices. The cost includes the mobile classroom visit and student worksheets, which provide activities to complement the PD/ Health/ PE curriculum.



The Life Education program is a curriculum based program that empowers children to make safe and healthy lifestyle choices. The programs focus on issues around food and nutrition, personal safety, physical activity and more. This year the chosen programs are:



Kindergarten: My Body Matters



Stage 1: Ready, Steady, Go

Additional information about the programs can be found at: https://www.lifeeducation.org.au/parents/modules

Students will attend the Life Education van for one session on Monday to Thursday.

Please complete the permission note below and return by Monday 17th February.

Healthy Harold – Life Education Van

Child's Name: _____ Child's Class: _____

Life Education (K-6)

I give permission for my child/ ward to participate in Life Education. I understand that students will attend the Life Education van located in the school grounds in the week of February 17th – 20th and that the cost is \$10.00. The incursion will complement Personal Development and Health activities completed in class.

Parent's / Guardian's Signature _____ Date:



Stage 2: All Systems Go



Stage 3: Relate, Respect, Connect