

Every two years, the school invites Interrelate to make two presentations to support student understanding of personal development. Parents and students attend the sessions together to allow for a common understanding and promote discussion.

This year the presentation will be on **Wednesday August 21<sup>st</sup>**. If you would like to attend with your child, please complete the cut off slip and return it to the school, making payment to the school via the school website.

**Session 1: Where Did I Come From?**

**Time: 6:00pm**

**Audience:** Year 3 and 4 students and their parents/carers

**Sessions:** 1 x 60-minute session

**Program focus:**

- Discuss the male and female reproductive systems, foetal development and the birth process
- Personal safety and protective behaviours

**Note:** Older students are encouraged to attend if they have not previously seen this program.

**Session 2: Preparing For Puberty**

**Time: 7:15pm**

**Audience:** Year 5 and 6 students and their parents/carers

**Sessions:** 1 x 60-minute session

**Program focus:**

- Discuss the physical changes of puberty, emphasising that it can be different for everyone
- Develop students' understanding of periods and sperm production, as well as the physical, emotional, social and intellectual changes associated with puberty for both boys and girls
- Enhance awareness of children's personal safety and protective behaviours

**Note:** Younger students are welcome to attend at the discretion of their parents/carers.

**Family cost: 1 session \$32 per family | 2 sessions \$37 per family**

Please note that this cost is GST inclusive

Please complete, make payment and return to the school office.

Family name: \_\_\_\_\_ Eldest Child's Name: \_\_\_\_\_ Class: \_\_\_\_\_

No. attending: Session 1: Where did I come from? \_\_\_\_\_ Session 2: Preparing for puberty \_\_\_\_\_

in Interrelate's **'Family Evening Program Bundle 2'**. Enclosed is my payment of \$ \_\_\_\_\_

Payment – [www.melrosepk-p.schools.nsw.edu.au](http://www.melrosepk-p.schools.nsw.edu.au) "Make a Payment".

Online Receipt Number: \_\_\_\_\_ or Cash enclosed

Signed \_\_\_\_\_ Date \_\_\_\_\_

Parent / Guardian